

Allied Rehabilitation Centers, Inc.
Mission Statement

Allied Rehabilitation Centers, Inc. is an organization committed to providing individuals with disabilities or other challenges the opportunity to live and enjoy a productive, independent, and fulfilling life.

The LIFE Program
Mission Statement

The LIFE Program believes that individuals require a safe and supportive environment for practicing the skills needed to gain independence.



TRANSITIONAL SERVICES
PROGRAM

Allied Rehabilitation Centers,
Inc

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Transitional Services Program

Learning
Independence
Fulfilling
Experiences



“Preparing now for the future”

The LIFE Program provides individualized programming for young adults with disabilities.

A Program of:



LIFE Program

The LIFE Program is designed for individuals who need further assistance with transitioning to adult life. Although these individuals have met the high school requirements for graduation, they would still benefit from further practice opportunities to meet identified goals and objectives deemed appropriate on their Individualized Education Plans.

The program was developed to assist these individuals with special needs in attaining self sufficiency.

Participants will be given the time to practice skills necessary for them to become more independent with regards to work, recreation and life skills.



In conjunction with:
Asnuntuck Community College

Vocational

Participants will identify their own skills and interests and learn how those skills can be useful in obtaining potential future employment.



During the process, participants will be exposed to a variety of work settings while demonstrating their ability to meet employment requirements for each. Individuals will develop and practice positive work place behaviors.

Participants will apply time management skills when completing job responsibilities.



Life Skills

Participants will increase their awareness of what is necessary for one to live independently, including:

- *Monthly Budgeting
- *Meal Preparation
- *Household and Clothing Maintenance
- *Health and Well-being
- *Human Sexuality
- *Problem Solving



Recreation

Participants will utilize public recreation facilities to engage in preferred leisure activities. Through these activities, which they choose, they will develop and maintain appropriate social relationships with their peers and other individuals in the community.

